

IGNITE HER

WOMEN'S *Wellness*

LUNCHEON

&

THE PRESIDENTIAL
LIFETIME ACHIEVEMENT
AWARDS

MARCH 16, 2024

1.00PM - 5.00PM



THE HAMPTON CONFERENCE CENTER

207 W. HAMPTON PLACE CAPITAL HEIGHTS, MD 20743



AmeriCorps



YOUR SUPPORT MATTERS!

Your support and partnership ensures that we continue to administer events and initiatives that foster our Four pillars. At WILDE, we believe that every woman deserves to be:

Mental Sane:

Join us on our journey to break the stigma surrounding mental health by providing accessible counseling, support groups, and mental health resources that equip and empower women on their journey to well-being.

Physically Fit:

Every woman deserves the opportunity to lead her best life. We provide health education, wellness workshops, and a sisterhood that promotes a healthy lifestyle for all.

Emotionally & Spiritually Connected:

We nurture emotional resilience in our communities through our workshops, events, and outreach programs that ignite women to navigate life's challenges with strength and grace.

Financially Loaded:

Break the cycle of financial insecurity by tapping into financial education, resources, and mentorship programs, empowering women to take control of their financial futures and build generational wealth.

Welcome



It is with great pride and honor that I extend a warm welcome to each of you at the 2024 Ignite HER Women's Wellness Luncheon. Today, we come together to foster WILDE's missions and also to celebrate the 2024 theme of Women's History Month - Women who advocate for equity, diversity, and inclusion.

Ignite HER Luncheon serves as a poignant reminder for every woman to embrace her power, ignite the flame within, and step into her full potential. WILDE is committed to creating spaces where women feel mentally empowered, physically vibrant, spiritually connected, emotionally fulfilled, and financially empowered. Together, we join millions of women across the globe in our pledge to foster an equitable culture in every space we occupy. Though challenges may arise, we are stronger together when we work collectively towards our life, family, career, and personal aspirations.

Today, we also pay tribute to the vital role of volunteers in shaping America's strength and national identity by honoring women who have distinguished themselves through acts of volun-

teerism with the President's Volunteer Service Award. These remarkable women continue to inspire those around them to take the lead and effect positive change in their communities.

WILDE's expansion to Northern Virginia less than three years ago has been met with unwavering support from leaders, local businesses, and community organizations extending to DC, Maryland and beyond. Thank you for embracing our efforts as we strive to support women, families, and underserved communities globally. My sincere gratitude extends to our Board of Directors, Ambassadors, Team WILDE, the WILDE Winner's Circle, Volunteers, and every individual who played a role in the coordination and planning of this luncheon. Special appreciation to our sponsors for their belief in and investment in WILDE. Heartfelt thanks to our presenters for saying "yes" to inspiring our guests and sharing your invaluable expertise. To the recipients of the President's Volunteer Service Award, we eagerly await the honor of celebrating your continued impactful work in your respective communities. A special acknowledgment goes to my husband, my unwavering cheerleader, for the pivotal role you play in my life, enabling me to serve in the capacity that I do. Finally, thank you to every individual who consciously made the decision to be in this room today. My prayer is that our time will serve as a source of motivation and inspiration, propelling each of us to live to our maximum potential each day. Before you leave, I challenge you to connect with one or more women with whom you will continue to build and grow together.

Dr. Linda Arrey-Mbi Nkwenti
Chief Executive Officer
Women in Leadership Development & Empowerment

About WILDE

Founded in 2012, Women in Leadership Development and Empowerment (WILDE) Inc. is a 501(c)(3) charitable organization of professional women who unite to grow together by sharing our experiences and expertise, while also assisting other women through personal and professional development initiatives, such that together we are achieving our goals faster and more efficiently. By focusing on four pillars of mental, physical, spiritual and financial wellness, we are cultivating a global community of women who are high achievers at home, work and society.

MISSION

Assisting women and underserved communities through Leadership, Mentorship, Education and Community Service initiatives.

VISION

To continue providing opportunities for women to perform at their best, and have readily available resources to grow and thrive personally, in the home, and professionally.

VALUES

Education, Service, Leadership and Sisterhood.



AGENDA

NETWORKING

Purple Carpet, Vendor Booths, Interviews & Photos

OPENING REMARKS

MCs - Kaya & Joyce

KEYNOTE - WEALTH MANAGEMENT & TAX
STRATEGY

Anthony Riley-Barrett

GUEST PERFORMANCE
Gboea (Bway) Flumo

LUNCH

MENTAL HEALTH FIRESIDE CHAT

Pamela Blueford and Dr. Linda Nkwenti

KEYNOTE - UNVEILING THE INSURANCE
ADVANTAGE

Dr. Shirley Luu

WILDE

Dr. Linda Nkwenti

AWARD CEREMONY

Honorees

CLOSING REMARKS

Dr. Linda Nkwenti

Welcome to Women's Wellness Monthly Meetups in the DMV!

Elevate your well-being and forge connections with like-minded women at our diverse and delightful monthly meetups!

Why Join Us?

Experience a unique blend of camaraderie and personal growth through a variety of activities, including brunches, winery visits, sip and paints, and other exciting outings in the city. Our meetups are designed to help you connect, grow, and thrive!

What to Expect:

- Brunch Extravaganzas
- Winery Adventures
- Sip and Paint Creativity
- City Outings with a Purpose
- A Community of Empowered Women Eager for Everyone in our Circle to Win
- Conversations on WILDE's Four Pillars - Mental, Physical, Spiritual & Emotional Wellness and Financial Literacy

Upcoming Meetup: Every 3rd Saturday of the month from 1PM - 4Pm

Location: DC and other venues in the MD and Northern VA

Ready to embark on this journey of connection and growth? Complete the registration form to be invited.



Mistresses Of Ceremony / Host



Kaya Chihombori
MC



Joyce Awuro-Tani
aka MCee JT / MC



Stephanie Dawkins
Red Carpet Host



Imani Bessen
Purple Carpet Host

Spoken Word



Gboea (Bway) Flumo

Spoken Word Artist



Connecting, Collaborating
& Creating Together



We are a safe space for every woman who is intentional and ready to thrive Professionally and Personally by:

- Connecting with like-minded women
- Cultivating meaningful relationships
- Collaborating on events, projects and growth initiatives, and
- Succeeding together

Our community is a diverse society of talents, cultures, experiences and expertises.

We are also a powerful network of women who love to give back, and our philanthropic efforts have both local and global impacts.

We can't wait for you to be fully incorporated into the Winner's Circle

Are you ready to WIN?
Scan and complete the form to be invited to our next
Membership Interest Meeting



CONGRATULATIONS TO THE 2024 PRESIDENT'S VOLUNTEER SERVICE AWARD RECIPIENTS



Mia Cooley Adams



Niya Brown Matthews



Angelina Spicer



Andromeda Raheem



Dr. Marcelline Abimnui Nyambi



Sylvia J. Webb



Alexa Rose Carlin



Agatha Achindu



Phi Tran



Dr. Rhonika Thomas



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<https://myzenmode.com>

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Upcoming Events

Thanks for attending.
We look forward to fellowshiping with you again
at our upcoming events.



Shirley Luu, founder of Shirley Luu & Associates, is an award-winning financial advisor, bestselling author of I.U.L. ASAP!, hands-on trainer, and national speaker on financial literacy. She is a renowned wealth guru with over 2 decades of expertise in the financial services field which sets her apart as one of the industry's most notable authorities. Recently appointed the Fox5 Plus anchor of the weekly finance segment, selected by Forbes 50 over 50 as one of the most influential women in finance, and 3-time winner of Washington Business Journal's Fastest Growing Companies.

Her inspirational journey as a widowed mother of three has shaped her into a philanthropic influencer. Having experienced the unique challenges facing women and families when there is a loss of support and income, she endeavors to educate women across the globe to "know their money". She does this through various education institutions, organizations, events, and community enrichment programs.



Steve Forbes

Products and Services Offered:

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